

# MORNING MENU

– MONDAY -FRIDAY FROM 10am – 11.45pm

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## TOASTED

TOASTED MUFFIN, butter & jam	<b>£2.00</b>
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## PASTRY

HOMEMADE SCONE with Americano or house tea	<b>£3.75</b>
ORANGE CAKE with clotted cream (GF)	<b>£3.95</b>
PASTRY with Americano or house tea	<b>£3.75</b>
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Caramel shortbread	
Fruit Flapjack	
Fruit crumble slice	
Raspberry coconut slice	
Rocky road	

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## OTHER DISHES

MID WEEK BREAKFAST	<b>£6.50</b>
sausage, bacon, tomato, egg, toast & house tea or Americano (G*)	
BREAKFAST PLATE	<b>£8.95</b>
mini natural yoghurt & fresh fruit pot, small glass of fresh orange juice & poached egg on muffin with avocado smash.	
SCRAMBLED EGGS	<b>£4.00</b>
on brown or white toast (G*)	
SAUSAGE OR BACON BAP (G*)	<b>£3.00</b>
with poached egg	<b>£3.50</b>



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## JUICES & SMOOTHIES

FRESH ORANGE JUICE	<b>£2.95</b>
BUCKS FIZZ - fresh orange juice & fizz	<b>£7.95</b>
FRUIT SMOOTHIE mango & banana	<b>£4.25</b>
GOOD & GREEN SMOOTHIE - spinach, broccoli & apple	<b>£4.25</b>
VEGGIE EXPRESS SMOOTHIE - carrot, beetroot, tomato, red pepper & parsnip	<b>£4.25</b>
PINEAPPLE, TOMATO OR GRAPEFRUIT JUICE	<b>£2.65</b>

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## COFFEES

AMERICANO	<b>£2.30</b>
FLAT WHITE	<b>£2.80</b>
DOUBLE ESPRESSO	<b>£2.50</b>
CORTADO	<b>£2.50</b>
MACCHIATO	<b>£2.50</b>
CAPPUCCINO	<b>£2.85</b>
LATTÉ	<b>£2.85</b>
Add a syrup shot (caramel, vanilla, hazelnut) (Gm free soya or oat milk available)	<b>£0.30</b>

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## TEAS

HOUSE TEA	<b>£2.10</b>
EARL GREY, ASSAM, LAPSANG SUCHONG	<b>£2.60</b>
GREEN SENCHA, PEPPERMINT, JASMINE	<b>£2.60</b>
ROOIBOS	<b>£3.00</b>
CHAMOMILE	<b>£2.60</b>
CHAI LATTÉ	<b>£3.00</b>

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NEILL'S HILL