



# Morning Menu

Monday - Friday from 10am - 11.45pm

## Toasted

TOASTED MUFFIN, butter & jam	£2.25
TOAST, butter & jam	£2.00

## Hot Dishes

MALTED WAFFLE with crispy bacon & maple syrup or fresh fruit & maple syrup	£7.25
MID WEEK BREAKFAST sausages, bacon, tomato, egg, baked beans, toast & house tea or Americano (GF*)	£6.95
BREAKFAST PLATE mini natural yoghurt & fresh fruit pot, small glass of fresh orange juice & poached egg on muffin with avocado smash. (GF*)	£7.25
SCRAMBLED EGGS on brown or white toast (GF*) with local smoked salmon	£4.95 £8.95
SAUSAGE OR BACON BAP (GF*) with poached egg	£4.00 £4.95
'THE BIG BAP' (GF*) Sausage, Bacon, Egg & Tomato Relish	£6.25
POTATO & SCALLION PANCAKES with streaky bacon, poached egg & black pudding jus	£7.50
VEGAN SAUSAGE BAP tomato relish with poached egg	£4.00 £4.80
GRILLED SOURDOUGH (GF*) with spinach, hummus, avocado, pine nuts & raisins add a poached egg	£7.25 £7.95

## Pastries

HOMEMADE SCONE	£1.75
PORTUGUESE CUSTARD TART	£2.25
CHURROS Chocolate Sauce, Vanilla Ice Cream	£3.95
CARAMELISED APPLE TART with honeycomb ice- cream (please allow 15mins)	£4.95
CHOCOLATE & COCONUT TART with strawberries (V) (GF)	£4.95

## Juices & Smoothies

FRESH ORANGE JUICE	£2.95
MIMOSA - fresh orange juice & fizz	£7.95
FRUIT SMOOTHIE mango & banana or fruits of the forest	£4.25
PINEAPPLE, TOMATO OR GRAPEFRUIT JUICE	£2.65

## Coffees

AMERICANO	£2.40
FLAT WHITE	£3.10
DOUBLE ESPRESSO	£2.50
CORTADO	£2.50
MACCHIATO	£2.50
CAPPUCCINO	£3.10
LATTÉ	£3.10
Add a syrup shot (caramel, vanilla, hazelnut) (Gm free soya or oat milk available)	£0.30

## Teas

HOUSE TEA	£2.10
EARL GREY, CHAMOMILE, PEPPERMINT	£2.60
GREEN	£2.60

## Food allergies & intolerances

When making your order, please speak to our staff about the ingredients in your meal.

Please be advised that food allergens are handled in the kitchen.

In some cases, allergens may be unavoidably present due to shared equipment or the ingredients used.

GF - made from non gluten products GF\* - can be made with non gluten products  
(however please note there are gluten products throughout the kitchen).