



Morning Menu

Monday - Friday from 10am - 11.45pm

Toasted

TOASTED MUFFIN, butter & jam £2.25

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Hot Dishes

MID WEEK BREAKFAST £6.95

sausages, bacon, tomato, egg, baked beans, toast & house tea or Americano (GF*)

BREAKFAST PLATE £7.25

mini natural yoghurt & fresh fruit pot, small glass of fresh orange juice & poached egg on muffin with avocado smash. (GF*)

HOT VEGAN BREAKFAST £8.95

Hash brown, vegan sausage, tomato, mushrooms, beans, spinach & vegan roll

SCRAMBLED EGGS £4.95

on brown toast, white toast or sour dough (GF*)

with local smoked salmon £8.95

SAUSAGE OR BACON BAP (GF*) £4.00

with poached egg £4.95

'THE BIG BAP' (GF*) £6.25

Sausage, Bacon, Egg & Tomato Relish

MALTED WAFFLE £7.25

with crispy bacon & maple syrup or fresh fruit & maple syrup

VEGAN SAUSAGE BAP tomato relish £4.00

with poached egg £4.95

GRILLED SOURDOUGH (GF*) £7.25

cherry tomatoes, portobello mushroom, spiced oat crumble

add a poached egg £7.95

Pastries

HOMEMADE SCONE £1.75

PORTUGUESE CUSTARD TART £2.25

CHURROS Chocolate Sauce, Vanilla Ice Cream £3.95

CARAMELISED APPLE TART £4.95
with vanilla ice-cream

CHOCOLATE & COCONUT TART £4.95
with raspberries (V) (GF)

Juices

FRESH ORANGE JUICE £2.95

MIMOSA - fresh orange juice & fizz £7.95

PINEAPPLE, TOMATO OR GRAPEFRUIT JUICE £2.65

Coffees

AMERICANO £2.45

FLAT WHITE £3.10

DOUBLE ESPRESSO £2.50

CORTADO £2.50

MACCHIATO £2.50

CAPPUCCINO £3.10

LATTE £3.10

Add a syrup shot (caramel, vanilla, hazelnut)
(Gm free soya or oat milk available) £0.30

Teas

HOUSE TEA £2.10

EARL GREY, CHAMOMILE, PEPPERMINT £2.60

GREEN £2.60

Food allergies & intolerances

Please speak to our staff about the ingredients in your meal, when making your order. Thank you.

GF - made from non gluten products GF* - can be made with non gluten products
(however please note there are gluten products throughout the kitchen & although we can make products with gluten free materials we cannot guarantee they are free from gluten).

V - made from vegan products V.A. - can be made with vegan products